

# Kids Need... to feel

appreciated... love and care... guidance... to laugh and play... happy memories... exercise... good role models... grown-ups who aren't too tired or too grouchy to enjoy them... UNDERSTANDING... to be listened to... quiet time... stability... awesome teachers... ENCOURAGEMENT... to feel successful... age appropriate responsibilities... skills and tools to cope... to serve others... to grow up trusting themselves... Lots of Hugs... to be treated with respect and kindness... to feel safe when they ask for help... music, art and books... to be with others who are Very Patient... a family of friends... someone who will LOVE them no matter what... GOOD food... Time to do what they want... to feel accepted and liked... examples of honesty and integrity... those who REMEMBER how it feels to have the tender feelings of a child...